Using the 5 Pillars of College Readiness with CIS Resources to Achieve Success
Who Am I?

- **My Life Mission:**
  - to inspire career development

- **History:**
  - Worked for CIS in product development and training for 25 years
  - Worked as a counselor in:
    - A middle school
    - A high school
    - A two community college
  - Taught career counseling at Lewis & Clark College for several years
1. College & career readiness can and must be cultivated in middle school and in high school

2. Brainstorm and Share Tools that cultivate college & career readiness

3. Provide tools for organizing your CCR efforts
My Ideas Come from Kent Pekel

President and CEO of Search Institute, a research organization that partners with schools, programs, families and communities to discover and disseminate what kids need to succeed.

Prior to Search work as a teacher and state education leader focused on providing all young people with a world-class education and on closing the large achievement gaps that exist between low-income students of color and their more affluent Caucasian peers.

Pekel held several senior positions in the Clinton Administration, including Special Assistant to the U.S. Deputy Secretary of Education. He holds a B.A in East Asian Studies from Yale University, a Master’s in Education from Harvard, and a doctorate in education from the University of Minnesota.
Kent Pekel’s 5 Pillars

College & Career Readiness Are Crucial to Cultivate

Goal: All Students College Ready

Pillars of Readiness

- Academic
- Admissions
- Career
- Financial
- Personal/Social

Foundation: Belief that all students need to be prepared for post-secondary education.
Academic Readiness

The student has the knowledge and skills to do first-year, credit-bearing, college-level work.

A student who has reached this goal can:

- Demonstrate mastery of the knowledge and skills required for college-level work in English, Mathematics, Reading, Science, and Writing. (see http://blog.socrato.com/actsat-college-readiness-benchmarks-4-thoughts-for-tutors/)
- Score at or above the SAT/ACT college readiness benchmarks on the EXPLORE, PLAN, COMPASS, SAT and ACT tests.
- Think critically, demonstrated through the ability to gather, analyze, synthesize, and present information.
- Use effective study strategies.
- Evaluate and revise academic work to ensure accuracy and achieve precision.
Admissions Readiness

The student has completed all requirements for admission to the type of postsecondary education that is a match for their goals, interests and abilities.

A student who has reached this goal can:

☐ Describe the purpose of and opportunities offered by postsecondary education in the United States.
☐ Explain the main types of postsecondary institutions in the U.S. and the differences among them.
☐ Identify the type of postsecondary institution that could be a good match for the student’s academic, career, and personal goals.
☐ Outline the admissions requirements for the type of postsecondary institution that the student plans to attend.
☐ Plan for and successfully complete the process of applying to at least three postsecondary institutions that are a good match for the student’s academic, career, and personal goals.
Career Readiness

The student understands how education increasingly determines income and opportunity in the global knowledge economy and will know which types of jobs in the future will need skilled workers, will pay enough to support a family and might be a good match for their interests and abilities.

A student who has reached this goal can:

☐ Describe the ways that globalization and technology-driven change are reshaping the workplace and society today and predict ways that those forces will affect the future.

☐ Understand and illustrate the great and growing connection between the highest level of education a person completes and his or her later income and quality of life

☐ Identify careers and jobs that pay enough to support a family with at least a “middle-class” lifestyle, provide opportunities for advancement within the field, and that will be in demand over the next two decades

☐ Identify the knowledge, skills, and habits and the credentials and/or degrees that are required to enter and succeed in a range of careers

☐ Identify one or more careers that could be a good match for the student’s talents, interests, and abilities
Financial Readiness

Students will be able to cover the cost for one term of study at a postsecondary institution through savings, loans, work-study, and financial aid.

A student who has reached this goal can:

- Create a personal budget and make decisions based upon it.
- Identify the current and projected cost of study at each of the main types of postsecondary institutions in state.
- Explain the major ways that families cover the costs of postsecondary education.
- Produce a realistic plan to cover the cost of at least the first term of study at the postsecondary institution of the student’s choice through savings, employment, loans, grants, scholarships and other means.
- Complete the process of applying for needed financial aid.
Personal/Social Readiness

The student knows how to set educational goals, make progress toward those goals, and create relationships with peers and adults that support the achievement of those goals.

A student who has reached this goal can:

☐ Set personal goals and continually monitor progress toward reaching them.
☐ Operate from a growth mindset, believing that his/her basic abilities can be developed through hard work and persistence.
☐ Seek help from adults and peers and use other strategies to overcome obstacles on the road to achieving important goals.
☐ Create and maintain positive relationships with teachers, professors and other adults in positions of responsibility and authority.
☐ Understand college culture and the practices and habits needed to succeed in higher education, such as skills in time management, studying, working cooperatively, responsible risk taking, and self-advocacy.

Activity

1. Break into five groups
2. Identify a speaker and recorder
3. Create a list of suggested activities for your “pillar” that achieve the goals of that pillar
4. Share your ideas with the full group
According to research, here’s how to make the most impact:

Encourage children to get the most education possible*

Strengthen students’ self-understanding*

Develop student knowledge about work*

Teach students decision-making skills*

Value gender equity and cultural diversity*

Become aware of career resources*

Help students become skill-oriented*

Teach students to value competency, autonomy and relationships

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Association for Supervision and Curriculum Development, 2013
Self-Determination

Mastery

competence

autonomy

relationships

Deci & Ryan, “The surprising truth about what motivates us”
Reinforce this message:

Anyone Can Attend College!!!

- CIS Paying for Schools

### Financial Aid

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### Paying for School

It takes money to go to college, but it is completely worth the investment. Most college graduates earn twice as much in their lifetime as high school graduates. There is a lot of financial aid available to students, including scholarships, grants, and loans. There are also many other ways to pay for education, including community or military service.

Learn all you can about how to apply for financial aid. Understanding the application process will help you get the most out of it — and get the most cash for your education!

### Cost of School

How much does higher education cost? It’s more than just tuition. But you probably won’t have to pay the full amount, either!

### Applying for Financial Aid

Learn as much as you can about the process to get the most money for your education. And start applying early!

### Grants

Governments, schools, and other organizations offer aid based on financial need. You don’t have to be poor to receive grants though!

### Loans

Nearly all students are eligible for educational loans, and most students borrow at least a little. But loans do have to be repaid!

### Scholarships

Scholarships are financial aid awards for your accomplishments. There is one for just about every talent or achievement!

### Other Ways to Pay

Financial aid is just the start. There are hundreds of ways to earn money for school. Some may even help your future career!

**Note:** If you are looking for information on specific scholarships, use the Clusters Index, Titles Index, or Search tabs in the top toolbar.
The chart above is a general representation of available merit aid. Students should contact the Admissions Office for more specific information about qualifying for merit-based scholarships or grants. SAT scores above include only the Critical Reading and Math Scores. For 2012-2013, the writing score will not be required for the scholarship review.

Unweighted GPAs (on a 4.0 scale) are utilized for purposes of scholarship determination.

* SAT and ACT Standard Score Composites

- $15,000
- $11,000 - $14,000
- $6,000 - $10,000
- $0 - $5,000
THANK YOU!
Susan Roudebusch
susan@intocareers.org
The 5 Pillars of College Readiness

Education expert Kent Pekel identified five pillars of readiness that must be in place for college success and career decidedness. Pekel and his research associates believe students should be college-ready when they begin college. Check to see how college-ready you are by seeing how many checks you can give yourself on the checklist below. Those items you cannot check represent areas where you need to grow, set goals, and make success plans.

### Academic Readiness

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- Identify careers and jobs that pay enough to support a family with at least a “middle-class” lifestyle, provide opportunities for advancement within the field, and that will be in demand over the next two decades.
- Identify the knowledge, skills, and habits and the credentials and/or degrees that are required to enter and succeed in a range of careers.
- Identify one or more careers that could be a good match for the student’s talents, interests, and abilities.
Financial Readiness
The student has a plan to cover the cost for several terms of study at a postsecondary institution through savings, loans, work-study, and financial aid.
A student who has reached this goal can:

☐ Create a personal budget and make decisions based upon it.
☐ Identify the current and projected cost of study at each of the main types of postsecondary institutions in state.
☐ Explain the major ways that families cover the costs of postsecondary education.
☐ Produce a realistic plan to cover the cost of at least the first term of study at the postsecondary institution of the student’s choice through savings, employment, loans, grants, scholarships and other means.
☐ Complete the process of applying for needed financial aid.

Personal/Social Readiness
The student knows how to set educational goals, make progress toward those goals, and create relationships with peers and adults that support the achievement of those goals.
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