

HEROs

Higher Education Readiness Officers

A Vancouver GEAR UP Student
Leadership Initiative

HEROs

A Brief History

7th/8th Grade: GEAR UP Ambassadors

November 2012 Meeting Notes:

Posters

Talley kids wearing college spirit

Raffle for all different colleges, who ever is wearing winning school's attire gets a prize

Flow: promoting kids to become leaders

Help Kids Fight the Influence of Drugs:

Say no to drugs

Kids recruiting other adults for speaking out.

Breaking into committees

HEROs

A Brief History

Inspiration for developing a “new” model

- <http://wvgearup.org>
Melissa Gattuso - melissa.gattuso@wvhepc.edu
Jayson (JR) Luyster - jayson.luyster@wvhepc.edu
Elizabeth Manuel - elizabeth.manuel@wvhepc.edu
- <https://vimeo.com/59493811>

HEROs

First Steps

- Purpose: To expand the reach and efficacy of GEAR UP while giving select students the opportunity to develop leadership skills and be active participants in the implementation of GEAR UP programs
- Recruitment:
 - Application
 - Interview
 - Selection

HEROs

Who are they?

- Diverse population
 - Ethnically and culturally diverse
 - Male/Female
 - Social groups and Socioeconomic groups
 - Cross section of student body
- *HB Video*



HEROs

Training

- Leadership Seminars
 - Boys & Girls Club of SW Washington
 - Guest Speakers: Ropes Course, Up and Over Tour
 - Inter-school collaboration
- School Meetings
 - Committee Assignments and Share Outs
 - Upcoming Events to Participate/Promote

HEROs

Identity

The HEROs Creed:

HEROs!

We are – Helpful!

We are – Enthusiastic!

We are – Reliable!

We are – Open-Minded!

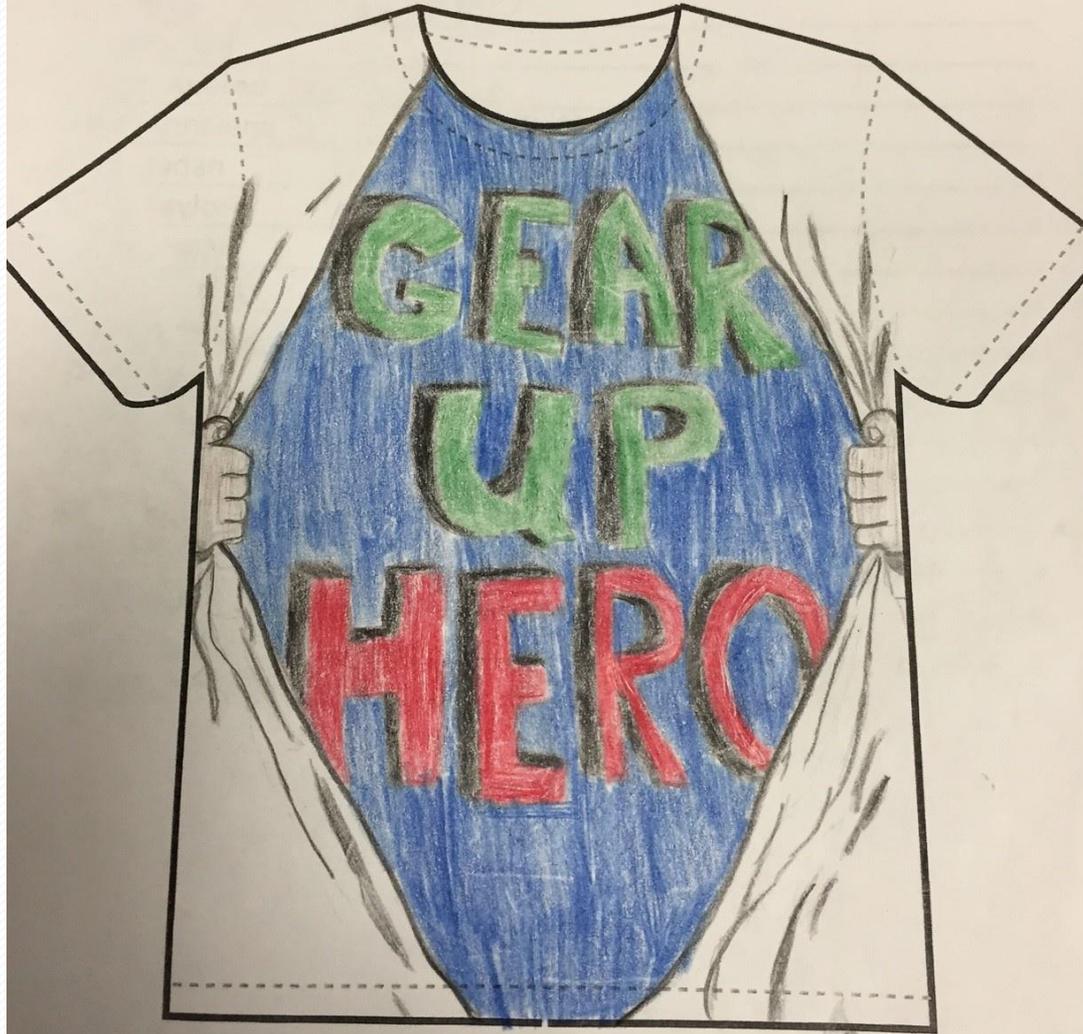
WE ARE – HEROs!

Scott Emily 11/2

GEAR UP HERO T-shirt Design

RULES: Must contain the words "GEAR UP" and "HERO" and the design must be appropriate to wear at school.

DUE DATE: December 1st, 2014 Turn in to your GEAR UP Office to be entered in the voting



Design was created by Emilie Chatel

Skyview

HEROs

Training

HERO Seminar

February 25, 2015 10:00-1:00

Boys & Girls Club – OK Clubhouse – Plomondon St.

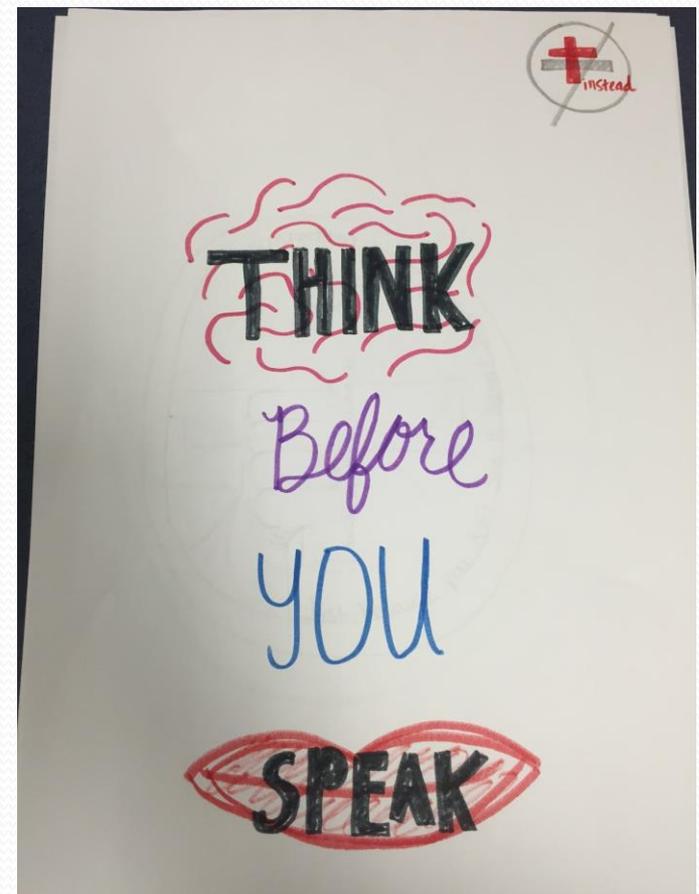
Cultural Diversity Training

10:00-10:30	Welcome and Ground Rules for the Day Definitions and Map Activity
10:30-11:30	Up & Over presentations Common Ground Activity
11:30-12:00	Small Group Discussions
12:00-12:30	Lunch (Chipotle!)
12:30-1:00	Small Group Discussions *TABLE DISCUSSIONS*

HEROs

Training

- Agents of Change
 - School Culture
 - College-Going Culture
- Partnerships
 - Diversity Committee
 - Rachel's Challenge/Be the Change Club
 - ASB



HEROs

Committees

College Culture Committee

- Work to create or enhance a college going culture
- Research colleges, both local and national
- Promote college visit field trips to other students
- Promote College Wear Wednesday to staff and students
- Will have an increased role in coming years

HEROs

Committees

Community Service Committee

- Give more students volunteer experience (esp. 1st time)
- Promote service projects to GEAR UP students
- Participate in projects as peer leaders
- Plan a project



HEROs

Committees

Marketing Committee

- Expand awareness of GEAR UP programs and opportunities to students as WELL as staff
- Newsletter
- Social Media

GEAR UP WITH US

A GEAR UP Newsletter for Staff, Students, and Families - Written by GEAR UP HEROs



First Edition: March 17th, 2015

What is GEAR UP?

By Bryce McCann

GEAR UP stands for Gaining Early Awareness and Readiness for Undergraduate Programs. It is an education grant that serves the class of 2017. GEAR UP provides support for students and their families to help prepare for college and other post-secondary options like military, technical training, and skilled trades. It also offers tutoring to students who need extra help. As well as field trips to local colleges where students can learn first-hand what the college experience is like. GEAR UP also offers career exploration to help students find out what they are interested in as well as helping them find new interests. There are also family nights where students can bring their parents and they can learn what GEAR UP is offering to their children.

GEAR UP Year: At-a-Glance

By Mr. Shults

2014-2015 has been a busy year for GEAR UP so far. With the help of Social Studies teachers, English teachers and the Career Center, we've given students the chance to take a practice ACT test and helped them complete their Career Cruising profiles. Students have had a chance to explore potential careers first-hand at Manufacturing Showcase Day; they've tasted life after high school at colleges like Oregon State; and they've given back to the community through monthly service projects like Wildlife Restoration at the Ridgefield Wildlife Refuge. The second half of the year will bring even more opportunities to 10th graders!

GEAR UP SQUAD

The GEAR UP Staff can be found in the GAP, Room 413

Site Directors: Cody Shults, Hannah Valenti

Mentors: Melodie Alfaro, Marisa Varga, Alex Brocius

Also, don't forget an important part of the GEAR UP team that can be found throughout the school, our GEAR UP Student Leaders: HEROs!

HEROs

By Maggie Simons

GEAR UP HEROs are students that help out our school, classmates, and community. We are always trying to give hope to the students of Skyview for the future and set them on a good path to their college and more dreams. We are excited for new field trips and events at Skyview, so we are always open for conversation about our new and upcoming activities. We provide immense support for those students that are in need of help with personal or school problems and you can always find us at any school event. We HEROs are separated in to 4 groups that are each working toward specific goals (for more information about these groups, check out the committee feature section on page 2).

HEROs - WE ARE:

Helpful Enthusiastic
Reliable Open-Minded

WE ARE HEROs!!

"Management is doing things right; leadership is doing the right things." - Peter F. Drucker

HEROs

Committees

Peer Support Committee

- Helping peers through safe conversation
- Adapting to site based restrictions
- Student Help Desk





Communicate. Contribute. Create.

Talk to classmates for support and advice.

Share good advice about common issues related to school, home, personal, or social.

Be a part of this safe space for students to help each other solve current issues.

Who: Caring classmates and a staff leader - Ms. Arlisa

What: Support group

Where: Gallery

When: Every Tuesday during PRTI

Why: Stress reliever and connections



All students who participate will be asked to sign a confidentiality agreement.

EAGLE TALK



Lets help each other be successful!



WHEN? Every other Friday during lunch and tutorial
Starting Friday, March 13

WHERE? Room 603

BRING YOUR LUNCH AND COME SEE WHAT IT'S ALL ABOUT!

Talk to Ms. Nina or Mr. Monk in Room 318 with questions.
Ask any GEAR UP HERO about Eagle Talk!

HEROs

Communication

- <https://www.remind.com/>

HEROs

Call to Action

At your table groups, discuss the following questions:

1. What student leadership programs already exist at your school, and how strong is GEAR UP student involvement?
2. Is there room to increase GEAR UP student involvement in existing programs, and how might GEAR UP partnership enhance them?
3. Is there need/opportunity to create an independent GEAR UP student leadership program at your school?
4. What are the benefits and challenges of creating an independent program?
5. What school and GEAR UP program specific needs could be addressed with a GEAR UP student leadership program?

HEROs

Q and A?

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