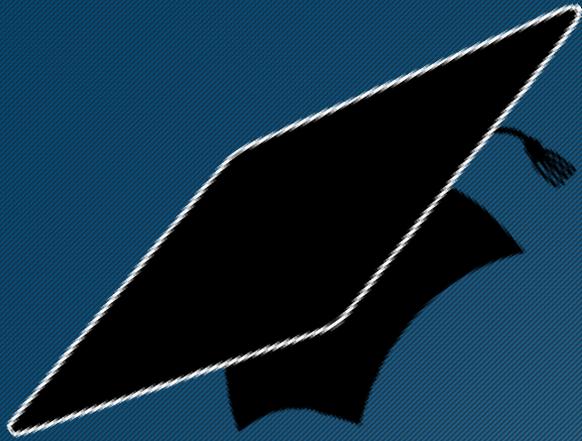


## Activity Ideas from the Field: College 101 Day

<b>CONTACT:</b> Sara Cameron & Alicia Naig, Everett Schools		<b>ACTIVITY NAME:</b> College 101 Day
<b>AUDIENCE:</b> <input checked="" type="checkbox"/> All Students <input checked="" type="checkbox"/> All GU Students <input type="checkbox"/> DREAMers <input type="checkbox"/> English Language Learners <input type="checkbox"/> Families <input type="checkbox"/> First Generation Youth <input type="checkbox"/> Rural Schools <input type="checkbox"/> Students with Disabilities <input type="checkbox"/> Underrepresented Minorities <input type="checkbox"/> Youth Experiencing Homelessness <input type="checkbox"/> Youth In Foster Care <input type="checkbox"/> Other: _____	<b>THEME:</b> <input checked="" type="checkbox"/> Advisories <input checked="" type="checkbox"/> Attendance <input checked="" type="checkbox"/> Career Exploration <input type="checkbox"/> CCSS <input type="checkbox"/> Collective Impact <input checked="" type="checkbox"/> College Bound Scholarship <input checked="" type="checkbox"/> College match/selection <input checked="" type="checkbox"/> College-Going Culture <input checked="" type="checkbox"/> Community College <input type="checkbox"/> Credit Retrieval <input type="checkbox"/> Dropout Prevention/ Reengagement <input type="checkbox"/> Early Warning Systems <input checked="" type="checkbox"/> Equity <input checked="" type="checkbox"/> Essays <input type="checkbox"/> Family engagement <input type="checkbox"/> Games <input checked="" type="checkbox"/> Graduation Requirements <input checked="" type="checkbox"/> Guest Speakers <input type="checkbox"/> Health/Wellness <input checked="" type="checkbox"/> Leadership for college readiness <input checked="" type="checkbox"/> Partnerships <input checked="" type="checkbox"/> Scholarships <input type="checkbox"/> Social & Emotional Learning <input checked="" type="checkbox"/> STEM <input checked="" type="checkbox"/> Supporting undocumented students <input type="checkbox"/> Test preparation <input checked="" type="checkbox"/> Transitions <input type="checkbox"/> Using data and evaluation <input type="checkbox"/> Working in rural schools <input type="checkbox"/> Other: _____	<b>GOAL:</b> To establish connections with the community to highlight offerings of local community colleges and for all students to have the opportunity to visit a college campus and better prepare for a postsecondary college of choice.
<b>GRADE LEVEL:</b> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input checked="" type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> Other: _____		<b>ACTIVITY OVERVIEW:</b> Students attended workshops throughout the day, enjoyed lunch on campus, attended whole group opening & closing session, and listened to a panel of college students.
<b>SERVICE TYPE:</b> <input checked="" type="checkbox"/> College Applications <input type="checkbox"/> College Goal Washington <input checked="" type="checkbox"/> College Visits <input checked="" type="checkbox"/> Comprehensive Mentoring <input checked="" type="checkbox"/> Counseling & Advising <input checked="" type="checkbox"/> Educational Field Trips <input type="checkbox"/> Family Events <input checked="" type="checkbox"/> Financial Aid & Financial Literacy <input type="checkbox"/> Job Shadowing <input checked="" type="checkbox"/> Rigorous Academic Curriculum <input type="checkbox"/> Student & Family Orientation <input type="checkbox"/> Summer Programs <input type="checkbox"/> Tests & Test Preparation Workshop <input checked="" type="checkbox"/> Tutoring & Homework Assistance		<b>PREP TIME:</b> Planning meetings, working with the community college, working in GEAR UP teams, and staff, district, and admin collaboration. Event was in December – began planning at the start of year. Shared file between school and district (checklist).
		<b>MATERIALS NEEDED:</b> Everett CC offered pens to every student and had a drawing for EVCC prizes for those who pre-registered. Paper/notebooks encouraged for note taking during workshop sessions.
		<b>COST:</b> Substitutes for staff who chaperoned the event, lunch on campus, bus/transportation for the whole grade (300 +/- at each school).
		<b>PROCEDURE:</b> Followed field trip procedures for the district/building, all students assigned a group (class) and chaperones for the day. General field trip prep. Worked closely with college director, college advisors, lunch, transportation, register students (survey). After the event: Thank yous, submitting paperwork, sign-in sheets, and portal.



# College 101 Day

*Hosted at Everett Community College!*



## **Cascade** High School GEAR UP

*"Home of the Bruins! Power of the Paw!"*

Sara Cameron & Molly Challman



## **Everett** High School GEAR UP

*"Soar with the Seagulls! School of Champions!"*

Alicia Naig & Wendy Alcala





# College 101 Day

*Hosted at Everett Community College!*

What was the purpose of activity?

Who was involved?

What was learned and how it was learned?

What worked well about it?

Did it go as planned?

What made it succeed?

Could others replicate it?

# Goal & Activity Overview

- To establish connections within the community to highlight offerings of local community colleges.
- For all GEAR UP students to have the opportunity to visit a college campus and better prepare for a post-secondary college of choice.
- EHS & CHS = 800+/- GEAR UP students
- Students attended workshops throughout the day, enjoyed lunch on campus, attended whole group opening & closing session, and listened to a panel of college students.

# Prep Work

- Planning meetings
- Collaborating with school staff
- Relationships with community and college
- Field trip logistics (IE: name tags, agendas, staff signs, sign in sheets, etc.)
- Paperwork!





## Crews 1st & 4th

### **Student Reminders:**

- ⇒ Please make sure you stay with your group at all times.
- ⇒ Keep phones on vibrate.
- ⇒ Please keep name tags visible.
- ⇒ Do NOT use the elevator!
- ⇒ Mrs. Challman and Ms. Cameron will be visiting each session if you need assistance.
- ⇒ **For help: Room 264**

**GROUP A:** Gray Wolf Hall Rooms: 274, 278, 280, 282, 284  
**CHAPERONE: WILSON, Hager, Thomas**

**8:15– 8:30 Student Welcome** in Jackson Center (All groups)

**8:40– 9:05 Session 1:** College 101 Room 274

**9:10– 9:35 Session 2:** Financial Aid Room 278

**9:40– 10:05 Session 3:** Student Services Room 280

**10:10– 10:35 Session 4:** STEAM Room 282

**10:40– 11:10 Lunch GROUP A**

**11:15– 12:00 Tour**

**12:05– 12:35 Session 5:** High School Programs Room 284

**12:40– 12:45** Walk to Jackson Center

**12:50– 1:15** Student Panel/Closing/Prizes

**1:15** CHS Departs

# Chaperone Information Packets:

- Agendas specific to each group/time
- Attendance lists
- Bus #'s
- EvCC campus map
- Color-coded campus map
- Name tags
- Molly, Sara & Gretchen's cell #'s
- Sign in sheets for lunch
- Signs on rulers with English teacher name
- Put staging room # on cell phone list.



# Materials & Cost

- EvCC Gear! (drawing for students)
- Pen and paper for note taking
- Lunch
- Transportation
- Substitutes arranged for staff chaperones
- Patience 😊

## Sample schedule for GROUP A

- 8:15– 8:30 All Student Welcome in Jackson Center
- 8:40– 9:05 Session 1: College 101 Room 274
- 9:10– 9:35 Session 2: Financial Aid Room 278
- 9:40– 10:05 Session 3: Student Services Room 280
- 10:10– 10:35 Session 4: STEAM Room 282
- 10:40– 11:10 Lunch **GROUP A**
- 11:15– 12:00 Campus tour (+ University Center)
- 12:05– 12:35 Session 5: HS Programs Room 284
- 12:40– 12:45 Walk to Jackson Center
- 12:50– 1:15 Student Panel/Closing/Prizes

Day of Event!

# Sessions/Workshops:

*College 101* - Process of applying for college, student essays, different degrees, different types of colleges (IE: community college, university, public, private), transferring to university

*Financial Aid* - loans, grants, scholarships, budgets

*Student Services* - writing center, disability services, math tutoring, you must be resourceful in college , university center

*STEAM* - science, technology, engineering, art (vision/dream boards), math

*High School Programs* – CiHS, Running Start, AP classes, rigorous courses, dual credit options



habitha Gra  
Arz  
Bomd digg  
SHOW



# What did we learn?

- Opportunity for every student to explore their college options
- Not every GEAR UP student knows what it takes to go to college
- Correct advertising is important! Some students thought it was a “tour of the community college”
- Some staff isn’t as college savvy as we thought!
- College student panel – could have been better directed & prepped for our students
- More career pathway exploration – quality guest speakers?

“I think the day was a good job of serving different purposes to a variety of students. For those who have set their mind on college, there was great info on how they can get started now and make it more affordable and manageable to attain their goals. The student panel did a good job of demonstrating how community college life can be equally fun and engaging as a larger university. For those who haven't decided yet, all the info was helpful. The messages from a few of the enrolled students were especially powerful...”

- GEAR UP Parent

“I learned a lot about ways to pay for college and to not be afraid to apply for scholarships.”

- GEAR UP Student

“I thought I knew a lot about college, but this field trip answered so many questions I had and I learned so much more about what it takes to go to college!”

- GEAR UP Student

“You can still apply for college loans, scholarships, and grants even if your family is wealthier!”

- GEAR UP Student

“You can still apply for college loans, scholarships, and grants even if your family is wealthier!”

- GEAR UP Student

# Now what? Reflection!

- We created a stronger relationship with EvCC & the community
- We helped coach students and staff to have more meaningful conversations about college dreams, plans, and pathways for success.
- Next year: Career 101 Day (juniors) workshop sessions, career exploration, networking with community
- Year after: College Application 101 Day (seniors)

# College 101 Day!



Questions?

Ellie Challman 😊

